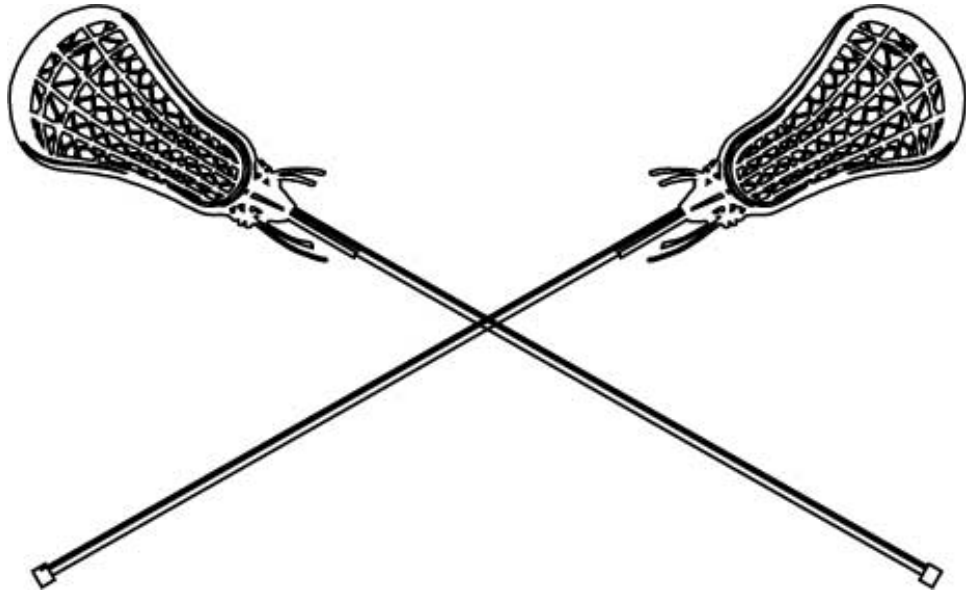


# Sacred Heart



## Youth Lacrosse Program

Parent Information Packet

*Overview and Mission:*

Lacrosse is a fast-paced, exciting sport that is rapidly growing in the U.S. With no other lacrosse programs currently offered in the Hattiesburg, Mississippi area, the Sacred Heart Youth Lacrosse Program's mission is to provide the community with both the infrastructure and the opportunity to learn and compete in youth lacrosse. The goal of this inaugural season will primarily be practice and helping players develop the skills necessary to compete in the game. Participants will also learn the rules and get an appreciation for the flow of this fast-paced game. Our season will conclude with a few (up to 6) formal matches with other regional youth lacrosse teams.

*When is this happening:*

Our inaugural season will be 2019. Organizational meetings and a few light practices/clinics will begin in November and December of 2018. The lacrosse season will run from January through March of 2019, though a few games in early April may be possible. **We will begin to accept registration forms (attached) on October 1<sup>st</sup>, 2018. Forms can be scanned and emailed to [creese1@gmail.com](mailto:creese1@gmail.com), or hard copies dropped at the Sacred Heart Elementary School main office.**

*Who is eligible:*

At this time, we are focusing on 10 vs. 10, full-field lacrosse, which is open to U14 and U12 age groups, as set by USA Lacrosse. For the 2019 season, this includes children born between September 1, 2004 and August 30<sup>th</sup>, 2008. Youth that fall outside of this range may be eligible to participate in practices, scrimmages, and clinics (at the coaches discretion), but would not be able to participate in official games.

*Where:*

The majority of the practices and home games will happen at the Sacred Heart Athletic Complex located at 3527 Veterans Memorial Drive, Hattiesburg, MS 39401. When conflicts occur with these facilities, practices may be scheduled at another location (for example Tatum Park).

*Who would we play:*

Though this sport continues to grow in Mississippi, at present there are very few youth lacrosse programs in south Mississippi. There are youth programs in Jackson as well as Ocean Springs. Tennessee and Louisiana, as a whole, have much more developed lacrosse networks, and there may be opportunities to play games with these teams. Though the priority will be to schedule home games, two or three travel dates may be required.

*What does my player need:*

All players will need to have the following equipment:

- Lacrosse stick (between 40-42" in length). Players who have an interest in playing defense, or playing long-stick midfield need a stick between 52-72" in length. However, longer shafts may be purchased at a later date if this interest develops. (*Recommended: a stick with a semi-hard mesh that is preformed. Several companies, for example [www.lax.com](http://www.lax.com), offer custom preformed pockets at an extra charge. This fee is usually around \$30. Despite the extra cost, this will help beginning players learn to cradle the ball and accurately throw much more quickly.*)
- Helmet
- Mouthpiece
- Lacrosse gloves
- Shoulder pads
- Arm pad
- Cleats
- *Recommended: rib pads and a cup*

**\*For players interested in playing goalie. A special goalie stick is needed. The team will have a goalie stick that is available to use, but you are also welcome to purchase your own. In addition to the other equipment listed above, goalies must also wear a throat guard and a chest protector. These will also be provided by the team.**

Balls and uniforms will be included with the registration fee. There will be a registration fee of \$75.

For additional information on equipment and fitting, or the rules and regulations of lacrosse, please see the U.S. Lacrosse website: [uslacrosse.org](http://uslacrosse.org)

\*For equipment, I have found that the following companies have the best deals, especially with starter sets:

[www.lax.com](http://www.lax.com)

[www.lacrosseunlimited.com](http://www.lacrosseunlimited.com)

[www.lacrossemonkey.com](http://www.lacrossemonkey.com)

**SACRED HEART YOUTH LACROSSE PROGRAM**  
REGISTRATION FORM

\*\*\*Registrations accepted from October 1<sup>st</sup> through November 15<sup>th</sup>, 2018.

\*\*Registration Fee of \$75 is due at the time of registration.

\*Registration forms can be emailed to [creese1@gmail.com](mailto:creese1@gmail.com), or dropped at the Sacred Heart Elementary School main office. All fees are to be remitted to the Elementary School main office.

Lacrosse is a contact sport. So due to the complex problems associated with liability, the Sacred Heart Youth Lacrosse Program (SHYLP) and Sacred Heart School Athletic Department MUST have your Complete and Total permission for your child to participate in lacrosse. You must provide a copy of your child's certified Birth Certificate to verify age. It is MANDATORY that you conform and be responsible for your child's conformity to Sacred Heart School Athletic Department AND the Sacred Heart Youth Lacrosse Program rules, regulations, and code of conduct.

I ACKNOWLEDGE THAT MY OR MY CHILD'S FAILURE TO COMPLY WITH THESE RULES WILL RESULT IN DISCIPLINARY ACTION AT THE DISCRETION OF THE SHYLP AND/OR SHS ATHLETIC DIRECTOR UP TO AND INCLUDING EJECTION FROM THE SHYLP WITHOUT REFUND AND/OR FUTURE OPPORTUNITY TO PARTICIPATE WITH THE SHYLP AND/OR SHS YOUTH ATHLETICS.

Fill in and sign the appropriate places. All information must be provided. Your signature at the end constitutes agreement and acceptability of this statement.

Participant's Name \_\_\_\_\_

School \_\_\_\_\_

Date of Birth \_\_\_\_\_

Age (as of 09/01/2018) \_\_\_\_\_

Grade (as of Fall 2018) \_\_\_\_\_

Guardian 1 Name \_\_\_\_\_

Guardian 1 Mobile #: \_\_\_\_\_

Guardian 1 Email \_\_\_\_\_

Physical Address \_\_\_\_\_

Guardian 2 Name \_\_\_\_\_

Guardian 2 Mobile #: \_\_\_\_\_

Guardian 2 Email \_\_\_\_\_

Physical Address \_\_\_\_\_

Emergency Contact, name, mobile number, and relationship:

\_\_\_\_\_

I, (we), the guardian(s) of the above named child who is a candidate for a position on a team of the Sacred Heart Youth Lacrosse Program, in affiliation with Sacred Heart Catholic Elementary School, do hereby give my, (our), approval and permission for my, (our), above named child to participate in any and all activities of the league during the current season and for the league to utilize my (our) child's likeness in any and all promotional material including online, television, or print promotions without compensation. I (we) do hereby release, absolve, indemnify and hold harmless Sacred Heart Youth Lacrosse Program, its coaches, organizers, sponsors, supervisors, officers, volunteers, the San Antonio Foundation, Sacred Heart Catholic School, Sacred Heart Catholic Church, the Catholic Diocese of Biloxi, in case of injury to said child.

I (we) further agree that we will deliver and pick up said child to practices and games. I (we) further agree not to leave said child alone "before or after" practice or games. I (we) further understand and agree to assist the league as needed when called upon, especially during home games.

I (we) do further understand that SHYLP will only provide lacrosse player's game jerseys and game shorts. Therefore, I (we) agree to provide my (our) child any all further required equipment needed to participate in lacrosse (including but not limited to mouthpiece, helmet, shoulder pads, arm pads, gloves, rib pads, cleats, socks, cup) as determined by the SHYLP. I (we) also agree to have my (our) child's equipment inspected by the SHYLP coaches for proper fit prior to my (our) child participating in any league activities and comply with the recommendations of the coaches. In addition, I (we) agree to ensure the proper care and maintenance of all of my (our) child's equipment throughout the season. I (we) acknowledge and accept full responsibility for ensuring my (our) child's equipment meets acceptable safety standards for participation in lacrosse.

I (we) do further agree and understand that a nonrefundable fee of \$75.00 for lacrosse must be paid and ALL paperwork must be submitted BEFORE my (our) child's registration is complete. I (we) further understand that my (our) child will not be registered for the current SHYLP season until the registration fee has been received. I (we) acknowledge and understand that registrations fees are due at the time of registration.

I (we) agree to submit a medical release for athletic participation for my (our) child from a Mississippi licensed health care provider qualified to perform a general sport physical.

I (we) recognize that SHYLP is a volunteer organization affiliated with Sacred Heart Catholic Elementary School but does not receive financial support from Sacred Heart School or Sacred Heart Catholic Church and depends solely on the generosity and time commitment of the SHYLP families and sponsors. I (we) agree to support the league in all its endeavors and abide the policies, rules, and regulations of the

SHS and SHYLP. All SHYLP board members, organizers, and coaches are recommended by the SHYLP and approved by the SHS Athletic Director.

I (we) acknowledge and accept that I (we) am responsible for volunteering to work the gate or concessions for a minimum of 2 hours during one of the scheduled home games of the 2019 season. I (we) understand that my (our) family may be scheduled to work a volunteer time slot during one of the home games for the 2018 season if I (we) do not volunteer and it is my (our) responsibility to cover the assigned time.

ALERGIES or other medical conditions \_\_\_\_\_

Guardian 1 Signature \_\_\_\_\_ Date \_\_\_\_\_

Guardian 2 Signature \_\_\_\_\_ Date \_\_\_\_\_

Please complete the registration form and return to Mrs. Shannon Bennett in the Sacred Heart Elementary School office. Fee is payable by check to SHYLP.

Registration Questions: Contact Andy Reese (creese1@gmail.com / 601-466-5676) or Frank Baugh (fgbaugh@yahoo.com / 601-467-0006)